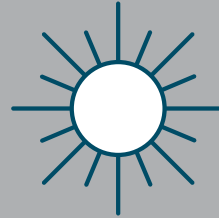


# 8 WAYS TO SAVE ENERGY WHILE WFH (WORKING FROM HOME)

As the trend of working from home becomes more popular, you may be wondering about increased electricity costs. The good news is there are ways to keep your electricity bill under control. Here are a few to keep in mind as you work from home.

## WORK SMARTER, NOT LONGER HOURS

Perhaps the most direct way to save electricity while working from home is to cut down on screen time when not actually working. With fewer office distractions, you can hone your workday and cut time spent on social media sites or surfing the web. Keep your phone on and check email regularly, of course.



## TAKE ADVANTAGE OF NATURAL LIGHT

Especially during the day, it's easy to forget to turn off lights in rooms not in use. Open drapes or blinds wherever you're working, even if it doesn't get direct sunlight. If using a laptop, move to where the natural light is strongest. Natural light is known to boost mood and productivity.



## SET YOUR COMPUTER FOR ENERGY SAVINGS

Most computers have built-in settings for saving energy. They can automatically lower power consumption if you stop using it temporarily. Checking your "sleep" settings can save just a bit more on your electricity bill.

## TRY FANS OR OPEN WINDOWS INSTEAD OF AC

Try creating a cross-breeze by opening windows or using fans where possible. If AC is necessary, set a timer for a few hours a day or use the energy saver mode, set the temperature to what's comfortable but not cold, and aim to use ENERGY STAR®-certified ACs that use less energy.



## USE AN ADVANCED POWER STRIP

When working at home, you may be using more than just a computer but also a printer/copier, scanner, fax, phone or charger, and perhaps other electronics. Using advanced power strips helps ensure these devices aren't drawing power when they're not in use.



## USE ENERGY-EFFICIENT EQUIPMENT

If you find you need to purchase electronics or equipment, make sure it is energy efficient. Look for the ENERGY STAR® label on office products. You can also check online for buy-back companies that sell used and refurbished equipment or recycle/trade in your old gear.



## MINIMIZE YOUR GADGETS

Unplug everything you're not using, including not just office equipment but everyday devices on standby that are sapping "vampire" or "phantom" energy. What you save in the kitchen or den may help just a little to offset increased office equipment use.

## ANY LIGHTING YOU MUST USE, USE WISELY

A desk lamp is usually more efficient than whole room lighting. If you're still using incandescent light bulbs (eek!) it's past time to replace them with light emitting diodes (LEDs). Place lamps near mirrors or in corners where adjoining walls magnify the light, spreading more brightness with fewer bulbs.



For more information on saving energy in your home, visit:

[HAWAIIENERGY.COM/TIPS](https://www.hawaiienergy.com/tips)



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